

Holly Siler



My name is Holly Siler,
and I'm a candidate for an MS in Clinical Mental Health Counseling via Walden University. I'm currently in the field experience component of the degree and seeing clients under the site supervision of Emily Richman, LMHC. I'm accepting individuals (13 and up), couples, and families with all presenting issues. I'm happy to connect, explain my status, and explore the comfort level of receiving grief counseling or other therapy from a student. I am approved to provide telehealth for anyone homebound or preferring that modality. My status as an intern prohibits me from accepting insurance, so to reduce barriers to care, I've kept the cash-pay rates of \$25 for intake and \$15 per session thereafter under most co-pays. I deploy a blend of approaches and customize interventions alongside clients but rely heavily upon somatic and neuro-counseling tenants.

- **Status:** *Candidate for MS in Clinical Mental Health Counseling*
- **Presenting Problems:** *All*
- **Clientele:** *Individuals (13 and up) / Couples / Family*
- **Rates:** *Cash Pay - \$25 intake session / \$15 ensuing sessions*
- **Modality:** *In-Person & Telehealth*
- **Orientation(s):** *Somatic / Neuro-Counseling*

HOW TO CONTACT HOLLY

holly@emilyrichman.com

509-420-0933